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Exam : **LCSW**

Title : ASWB Clinical Level Social Work Licensing Exam

Version : Demo

1.The Diagnostic and Statistical Manual of Mental Disorders Text-revised, 5th Edition (DSM-5) is utilized by professionals to diagnose psychiatric disorders. Unlike previous versions of the DSM, it does not use a multi-axis model for diagnosis.
Which DSM-IV-TR axis had its criteria modified and included in the DSM-5, but not in the list of disorders?
A. Axis I
B. Axis III
C. Axis IV
D. Axis V
Answer: C
Explanation:
The criteria of Axis IV were modified and included in the DSM-5 as psychosocial and other contextual issues with significant bearing on the well-being of the patient. Axes I and III were folded in with Axis II in the list of disorders. Axis V was dropped completely.

2.The American Foundation for Suicide Prevention states that up to 50% of all people who commit suicide have had failed past attempts. Traumatic life events that cause a significant amount of stress and clinical depression are known to be major risk factors behind for suicide.
Which of the following is not likely to be a risk factor for suicide?
A. Family history of mental disorder
B. Incarceration
C. Chronic physical illness
D. Family diversity
Answer: D
Explanation:
Research shows that 90% of all suicides were by individuals suffering from clinical depression or other mental disorders. Substance abuse is usually an additional factor to an already unstable diagnosis. Warning signs that someone is contemplating suicide may include: risk-taking behavior, talking about death, changing a will, and losing interest in things one cares about. Family diversity has not been shown to be a significant issue related to suicide.

3.Alyson was recently given a promotion at work that has increased the caseload of clients she sees on a daily basis. Long hours have led to conflicts with her family life at home. Alyson feels frustrated and pressured, but needs the extra money. Also, if she asks for a demotion, this would reduce her social status within the employment agency.
Alyson is currently dealing with what kind of stress?
A. Conflict resolution
B. Developmental
C. Biopsychosocial
D. Homeostasis
Answer: C
Explanation:
The biopsychosocial model of stress involves events within the environment that lead to the recognition of stress. Common stressors in this model fall within four main topics: work, social/family, personal and the environment. Biopsychosocial stress affects self-esteem, social status, and self-worth.

4.A clinical social worker is providing services to a woman diagnosed with bipolar disorder.
She experiences frequent manic episodes that include motor hyperactivity, elation, poor judgment, pressured speech and hostility.
To try and bring about normalization of symptoms, what is the best choice for medication?
A. Effexor
B. Citalopram
C. Adderall
D. Lithium
Answer: D
Explanation:
Lithium is used as an anti-mania medication for individuals suffering from Affective Disorder, Bipolar, and Mania. Studies have demonstrated that lithium alters sodium transport in muscle and nerve cells. Patients given this medication will feel relief of symptoms and demonstrate normalcy within 1 to 3 weeks. A drug more commonly prescribed is Depakote, due to the need for ongoing blood level tests with Lithium. Antidepressants can trigger mania and do not work very well.

5.Clinical social workers use assessment as an ongoing process with client participation. The purpose is to understand people in relation to their environment through planning, improving and changing. Professionals learn to develop an understanding of particular social problems, kinds of solutions and possible consequences. Most social workers define assessment in relation to the five stages of framework.
Which of the following demonstrates this theory?
A. Data collection, utilizing the data, environmental behavior, outcome, and consequence
B. Planning, weighing the data, utilizing the analysis, emotional outcome, and consequence
C. Preparation, data collection, weighing the data, analyzing the data, and utilizing the analysis
D. Constructing data analysis, planning, analyzing the data, behavior modification, and empowerment
Answer: C
Explanation:
The five stages of assessment framework include preparation, data collection, weighing the data, analyzing the data, and utilizing the data. The first stage is important for determining what data will be relevant and what the limits are on task. As the data is collected, weighed and analyzed, it comes down to the final stage of judgment by the clinical social worker.